**How to use the chart:**

- Match the size of a credit card or quarter to the corresponding graphics at the bottom of the chart or measure with a ruler along left edge of chart. If none of those options match with your printed chart, you will need to reprint with the correct settings.
- Place "heel" edge of chart against a wall.
- Tape chart to floor for added stability.
- Place heel at the bottom edge of the chart.
- Child must be standing, with toes resting flat.
- Measure to the longest toe.
- For baby sizing, use the purple section to the left.

**Note:** Measure both the right and left foot for accuracy. When ordering, use the largest of the 2 dimensions.

For in between sizes, select Flex® styles come with the Flex Fit System™. These insoles can reduce a shoe size by almost half a size. Check product pages to see if shoes run large or small.

If you have any questions, please email customerservice@pediped.com or call 702-567-0311.

Learn more about our sizing at [www.pediped.com/sizing.aspx](http://www.pediped.com/sizing.aspx)